



Vision Problems in Children

Young children often don't know when they have vision problems. They think they see what everybody else sees. Parents sometimes see signs that their child may have a vision problem.

Does your child:

- sit very close to the TV?
- get headaches or tired eyes?
- avoid activities for no clear reason?
- rub their eyes often?
- squint or tilt their head to see?
- avoid bright lights?

If you notice any of these signs:

- Take your child to an eye doctor for an exam.
- Continue to take your child to the eye doctor each year, especially if they wear eyeglasses.
- Encourage your child to wear their glasses as directed by the eye doctor.

