

New York City Department of Education Competitive Snack and Beverage Standards Elementary, Junior High, and High School Product Nutrients Food and Snack Guidelines

All products must be in single serve packages. Products may not contain any artificial and non-nutritive sweeteners. Products to contain no more than 200 calories per serving. Products to contain no more than 200 mg. of sodium. Products to contain less than 10% of total calories from saturated fat. Products to contain no more than 35% of total calories from fat (nuts, and nut butters are exempt). Combination products of dried fruit and nuts are exempt from the total fat standards. Product to contain less than 0.5 grams of trans fat per serving. Products to contain no more than 35% of total calories from added sugars (fruit products with no added sugars are exempt). Grain-based products must contain at least 2 grams of fiber per serving. All fresh fruit and vegetables are acceptable. In addition, yogurt must contain ≤15 grams sugar per 4 oz. and cannot contain artificial flavors or colors.

***Please note that food and beverages contained herewith under the term "approved" refers to those items that have been approved by the Office of Food and Nutrition Service as meeting the nutritional standards of the current **NYC Food Standards** and shall in no way shall be deemed or interpreted as an endorsement of those items by the DOE*

Manufacturer	Product Name	Package Size	Serv./Pkg.	Calories < 200/Serv.	Fat (g)	≤ 35% Total Calories Fat	Sat. Fat (g)	<10% Total Calories Fat	Sodium ≤ 200 (mg)/Serv.	Sugar (g)	≤ 35% Total Calories Sugar	Fiber ≥ 2 (g)/Serv.
ABC	Chocolate Sandwich	4oz	1	160	4	23%	2	11%	135	13	33%	1
B Bar	Cookie Dough Bar	1.5oz	1	150	5	30%	1.5	9%	40	12g	32%	2
Bare Apple Chips	Granny Smith	0.53oz	1	50	0	0%	0	0%	0	11	88%	2
Bare Apple Chips	Apple Cinnamon	0.53oz	1	50	0	0%	0	0%	0	11	88%	2
Bare Apple Chips	Fuji Red	0.53oz	1	50	0	0%	0	0%	0	11	88%	2
Basil's Bavarian Bakery	Chocolate Chip Mini Bites	1.5oz	1	160	3.5	20%	1.5	8%	50	14	35%	2
Beanitos	Puffs Real Cheesy	0.7oz	1	80	3	34%	0	0%	130	1	5%	3
Beanitos	Puffs Hot Chili Lime	0.7oz	1	80	3	34%	0	0%	130	1	5%	3
Beanitos	Puffs White Cheddar	0.7oz	1	80	3	34%	0	0%	130	1	5%	3
Betty Crocker*	Oatmeal Bar Butterscotch	1.24 oz	1	150	5	30%	1.5	9%	120	8	21%	2
Bolthouse Farms	Carrot Meets Ranch Veggie Snackers	2.25 oz	1	25	0	0%	0	0%	200	4	64%	2
Bolthouse Farms	Carrot Meets Chili Lime Veggie Snackers	2.25 oz	1	25	0	0%	0	0%	200	4	64%	2
Bolthouse Farms	Strawberry Meets Bannana Fruit Tube	2oz	1	35	0	0%	0	0%	5	6	69%	1
Bolthouse Farms	Blueberry Meets Raspberry Fruit Puree & Greek Yogurt	2oz	1	40	0	0%	0	0%	10	6	60%	0
Bolthouse Farms	Mango Meets Banana & Pineapple Fruit Tube	2oz	1	40	0	0%	0	0%	5	7	70%	1
Bonzer	Cookies Lemon	1.5 oz	1	150	5	30%	1	6%	160	12	32%	2
Brothers International Desserts	Juice Bar Orange	2.75 oz	1	50	0	0%	0	0%	10	11	88%	0
Brothers International Desserts	Juice Bar Sour Cherry	2.75 oz	1	60	0	0%	0	0%	5	13	87%	0
Brothers International Desserts	Juice Bar Strawberry	2.75 oz	1	60	0	0%	0	0%	5	13	87%	0
Brothers International Desserts	Juice Bar Tropical	2.75 oz	1	70	0	0%	0	0%	10	16	91%	0
Brothers-All-Natural	Crisps Fuji Apple	0.39 oz	1	39	0	0%	0	0%	0	6	62%	2
Brothers-All-Natural	Crisps Banana	0.6 oz	1	60	0	0%	0	0%	0	8	53%	2
Brothers-All-Natural	Crisps Strawberry Banana	0.42 oz	1	45	0	0%	0	0%	0	6	53%	2
Buzz Strong's Bakery	Cookie Chocolate Chip	2 oz	1	200	6	27%	2	9%	200	17	34%	4
Buzz Strong's Bakery	Cookie Chocolate Cake	1.5oz	1	180	4	6%	1	6%	190	10	22%	8
Buzz Strong's Bakery	Cookie Mint Chocolate Chip	2 oz	1	200	6	27%	2	9%	200	17	34%	4
Cheez-it	Whole Grain	1 oz	1	130	4.5	31%	1	7%	200	0	0%	2
Chobani	Jammin Strawberry Tubes	2.25oz	1	70	1	13%	0.5	0%	25	8	46%	0
Chobani	Flying Dragon Fruit Tubes	2.25oz	1	70	1	13%	0.5	0%	25	8	46%	0
Chobani	Chillin' Cherry Tubes	2.25oz	1	70	1	13%	0.5	0%	25	8	46%	0
Chobani	Swirlin' Strawberry Banana Tubes	2.25oz	1	70	1	13%	0.5	0%	25	8	46%	0

Manufacturer	Product Name	Package Size	Serv./Pkg.	Calories < 200/Serv.	Fat (g)	≤ 35% Total Calories Fat	Sat. Fat (g)	<10% Total Calories Fat	Sodium ≤ 200 (mg)/Serv.	Sugar (g)	≤ 35% Total Calories Sugar	Fiber ≥ 2 (g)/Serv.
Chobani	Rockin' Blueberry Tubes	2.25oz	1	70	1	13%	0.5	0%	25	8	46%	0
Chortles	MiniMini Cinnamon Graham Crackers	0.95oz	1	120	4	30%	0	0%	75	6	20%	2
Chortles	MiniMini Chocolate Graham Crackers	1.02oz	1	120	4	30%	0	0%	105	7	23%	2
Chortles	MiniMini Graham w/ Choc ChipsCrackers	0.92oz	1	110	3.5	29%	0	0%	70	6	22%	2
Corazonas	Oatmeal Square Chocolate Chip	1.7 oz	1	190	6	28%	1	5%	110	13	27%	5
Del Monte	Squeezable Fruit Apple Cinnamon	2.1 oz	1	60	0	0%	0	0%	0	9	60%	2
Del Monte	Squeezable Fruit Mixed Berry	2.1 oz	1	60	0	0%	0	0%	0	9	60%	2
Del Monte	Squeezable Fruit Strawberry	2.1 oz	1	60	0	0%	0	0%	0	9	60%	2
Del Monte	Squeezable Fruits and Veggies Tubes Peach Mango	2 oz	1	60	0	0%	0	0%	5	8	53%	2
Del Monte	Squeezable Fruits and Veggies Tubes Blueberry	2 oz	1	60	0	0%	0	0%	0	8	53%	2
Del Monte	Squeezable Fruits and Veggies Tubes Apple Spice	2 oz	1	60	0	0%	0	0%	0	8	53%	2
Divine America	Boomi Bar Apricot	1.7 oz	1	190	7	33%	1	5%	75	13	27%	3
Dole	Mandarin Oranges	4.2 oz	1	80	0	0%	0	0%	10	19	95%	0.5
Dole	Mixed Fruit	4.2 oz	1	80	0	0%	0	0%	5	19	95%	1
Fieldstone*	Multigrain Bar Oatmeal Raisin	1.44 oz	1	170	5	26%	1.5	8%	150	11	26%	4
Frito Lay	Baked Potato Crisps Barbecue	7/8 oz	1	110	2.5	20%	0	0%	190	2	7%	2
Frito Lay	Baked Potato Crisps Original	7/8 oz	1	100	1.5	14%	0	0%	160	2	8%	2
Frito Lay	Ruffles Baked Potato Crisps Cheddar and Sour Cream	7/8 oz	1	140	4	26%	0.5	3%	300	2	6%	2
Frito Lay	Baked Potato Crisps Sour Cream and Onion	7/8 oz	1	110	3	25%	0	0%	190	3	11%	2
Frito Lay	Tortilla Chips Baked Tostitos Scoops	7/8 oz	1	110	2.5	20%	0	0%	110	0	0%	2
Frito Lay	Sun Morning Mix-Ups	1.5 oz	1	190	5	24%	0.5	2%	125	6	13%	3
Frito Lay	Sunchips	1 oz	1	140	6	39%	1	6%	120	2	6%	2
Frito Lay*	Doritos Cool Ranch Reduced Fat	1 oz	1	130	5	35%	1	7%	160	1	3%	2
Frito Lay*	Doritos Spicy Sweet Chili Reduced Fat	7/8 oz	1	130	5	35%	0.5	3%	180	1	3%	2
Frito Lay/ SmartFood	Chewy Granola Bar Peanut Butter/Chocolate Chip	1 oz	1	170	5	26%	1.5	8%	160	12	28%	2
Frito Lay/ SmartFood	Popcorn Chocolate Cookie Caramel Pecan	1 oz	1	120	2	15%	0	0%	75	10	33%	5
Frito Lay/ SmartFood	Popcorn Cranberry Almond	1 oz	1	120	2	15%	0	0%	75	10	33%	5
Fruttata	Crisps Apple	0.36 oz	1	35	0	0%	0	0%	0	6	69%	1
Fruttata	Crisps Pineapple	0.36 oz	1	39	0	0%	0	0%	0	8	82%	1
Geisha	Asian Pear	0.39 oz	1	40	0	0%	0	0%	0	7	70%	1
Geisha	Fuji Apple	0.39 oz	1	45	0	0%	0	0%	0	7	62%	1
General Mills	Cheerios on The Go	0.68 oz	1	70	1	13%	0	0%	110	0.5	3%	2
General Mills*	Chex Mix Turtle Bar	1.06 oz	1	130	3.5	24%	1	7%	160	11	34%	4
General Mills*	Cereal Bar Cinnamon Toast Crunch	1.3 oz	1	140	3.5	23%	0	0%	130	9	26%	2
General Mills*	Cereal Bar Cocoa Puff	1.3 oz	1	150	3	18%	0	0%	135	9	24%	2
General Mills*	Fiber One Oats and Caramel	1.4 oz	1	140	3.5	23%	1.5	10%	105	9	26%	9
General Mills*	Fiber One Oats and Chocolate Bar	1.4 oz	1	140	4	26%	1.5	10%	95	10	29%	9
General Mills*	Fiber One Oats and Strawberries with Almonds	1.4 oz	1	140	3	19%	0.5	3%	90	9	26%	9
General Mills*	Simply Chex Barbecue	1.25 oz	1	140	3.5	23%	0.5	3%	200	5	14%	2
General Mills*	Simply Chex Strawberry Yogurt	1.2 oz	1	140	4	26%	1.5	10%	65	7	20%	2

Manufacturer	Product Name	Package Size	Serv./Pkg.	Calories < 200/Serv.	Fat (g)	≤ 35% Total Calories Fat	Sat. Fat (g)	<10% Total Calories Fat	Sodium ≤ 200 (mg)/Serv.	Sugar (g)	≤ 35% Total Calories Sugar	Fiber ≥ 2 (g)/Serv.
General Mills*	Team Cheerios Strawberry Cereal Bar	1.3 oz	1	150	3.5	21%	0	0%	105	10	27%	2
General Mills*	Cereal Bar Trix	1.3 oz	1	140	3.5	23%	0	0%	135	9	26%	2
Glenny's	Brown Rice Marshmallow Treats Peanut Carmel	0.85 oz	1	100	2.5	23%	0.5	5%	35	7	28%	1
Glenny's	Soy Crisps Apple Cinnamon	1.3 oz	2	70	1.5	19%	0	0%	90	2	11%	1.5
Glenny's	Soy Crisps Creamy Ranch	1.3 oz	2	70	1.5	19%	0	0%	170	1	6%	1.5
Glenny's	Soy Crisps Lightly Salted	1.3 oz	2	70	1	13%	0	0%	170	1	6%	1.5
Glenny's	Soy Crisps No Salt Added	1.3 oz	2	70	1	13%	0	0%	100	1	6%	1.5
Glenny's	Soy Crisps Salt and Pepper	1.3 oz	2	70	1	13%	0	0%	190	1	6%	1.5
Glenny's	Multi-Grain Pastry Crisp	1.1 oz	1	120	3.5	26%	0	0%	180	6	20%	2
Glenny's*	Brown Rice Marshmallow Treats Chocolate	0.85 oz	1	100	2.5	23%	1	9%	35	7	28%	1
Glenny's*	Brown Rice Marshmallow Treats Creamy Vanilla	0.85 oz	1	100	2.5	23%	1	9%	35	7	28%	1
Go'Bonzo's (NEW)	It's Pizza	.75 oz.	1	80	2	19%	0	0%	180	3	15%	3
Go'Bonzo's (NEW)	Cool Ranch	.75 oz.	1	80	2	19%	0	0%	180	3	15%	3
Go'Bonzo's (NEW)	Chili Citrus	.75 oz.	1	80	2	19%	0	0%	180	3	15%	3
Go'Bonzo's (NEW)	Spicy Nacho	.75 oz.	1	80	2	19%	0	0%	180	3	15%	3
Go'Bonzo's (NEW)	Lightly Salted	.75 oz.	1	80	2	19%	0	0%	180	3	15%	3
Good Health Natural Food	Half Naked Popcorn	.83 oz	1	100	2	18%	0	0%	105	0	0%	3
GoVida	Lychee	17g	1	100	1	9%	0	0%	0	20	80%	2
GoVida	Grapes & Pineapple	20g	1	80	0	0%	0	0%	2	15	75%	2
Herr's*	Baked Potato Crisp Tangy BBQ	1 oz	1	110	2	16%	0	0%	170	2	7%	1
Herr's*	Popcorn White Cheddar	0.625 oz	1	80	3	34%	0.05	1%	55	0	0%	2
Home Free	Cookies Mini Double Chocolate Chip	0.95 oz	1	130	5	35%	1	7%	120	9	28%	2
J & J Snack Foods	Whole Fruit® Frozen Juice Cup Orange Pineapple	4 oz	1	70	0	0%	0	0%	5	15	86%	3
J & J Snack Foods	Whole Fruit® Frozen Juice Cup Strawberry Pomegranate	4 oz	1	80	0	0%	0	0%	5	15	75%	3
J & J Snack Foods	Whole Fruit® Frozen Juice Cup Wild Cherry	4 oz	1	70	0	0%	0	0%	10	15	86%	3
J & J Snack Foods	Whole Wheat Pretzel	2.5 oz	1	170	1	5%	0	0%	150	1	2%	4
Kars	Goin' Granola	1.25 oz	1	150	5	30%	0	0%	60	0	0%	3
Kars	Raisins	1 oz	1	80	0	0%	0	0%	0	17	85%	1
Kars	Almonds Salted	1 oz	1	170	16	85%	1	5%	95	1	2%	3
Kashi	Chewy Granola Bar Trail Mix	1.2 oz	1 bar	140	5	32%	0.5	3%	95	6	17%	5
Kashi	Chewy Granola Bar Cherry Dark Chocolate	1.2 oz	1 bar	120	2	15%	0.5	4%	75	8	27%	4
Kashi	Chewy Granola Bar Honey Almond Flax	1.2 oz	1 bar	140	5	32%	0	0%	105	5	14%	4
Kashi	Crunchy Granola Bar Honey Toasted 7 Grain	1.4 oz	2 bars	180	5	25%	0.5	3%	150	8	18%	4
Kashi	Crunchy Granola Bar Pumpkin Spice	1.4 oz	2 bars	180	6	30%	1	5%	140	8	18%	4
Kashi	Crunchy Granola Bar Roasted Almond Crunch	1.4 oz	2 bars	180	6	30%	0.5	3%	160	8	18%	4
Kashi	Soft Baked Cereal Bar Blackberry Graham	1.2 oz	1	110	3	25%	0	0%	125	9	33%	3
Kashi	Soft Baked Cereal Bar Ripe Strawberry	1.2 oz	1	110	3	25%	0	0%	105	9	33%	3
Kellogg's	Whole Grain Pop Tart Brown Sugar Cinnamon	1.76 oz	1	200	6	27%	2	9%	160	12	24%	5
Kellogg's	Apple Jacks, Reduced Sugar	28 g	1	110	1	8%	0.5	4%	160	8	29%	3
Kellogg's	Frosted Flakes, Multi-Grain, Reduced Sugar	28 g	1	100	0	0%	0	0%	160	7	28%	2

Manufacturer	Product Name	Package Size	Serv./Pkg.	Calories < 200/Serv.	Fat (g)	≤ 35% Total Calories Fat	Sat. Fat (g)	<10% Total Calories Fat	Sodium ≤ 200 (mg)/Serv.	Sugar (g)	≤ 35% Total Calories Sugar	Fiber ≥ 2 (g)/Serv.	
Kellogg's	Froot Loops, Reduced Sugar	28 g	1	110	1	8%	0.5	4%	170	8	29%	3	
Kellogg's	Cocoa Krispies	Chewy Granola Bar Chocolate	1.34 oz	1	150	4.5	27%	1	6%	140	10	27%	3
Kellogg's	Rice Krispies	Chewy Chewy Granola Bar Apple Cinnamon	1.27 oz	1	140	3	19%	0.5	3%	105	9	26%	3
Kellogg's	Specical K Cracker Chips	Cheddar	0.87oz	1	90	2.5	25%	0	0%	190	1	4%	2
Kellogg's	Specical K Cracker Chips	Sea Salt	0.87oz	1	90	2	20%	0	0%	190	0	0%	3
Kellogg's	Specical K Cracker Chips	Sour Cream & Onion	0.87oz	1	90	2.5	25%	0	0%	190	1	4%	2
Kellogg's	Specical K Cracker Chips	Honey Barbecue	0.87oz	1	90	2	20%	0	0%	180	2	9%	2
Kellogg's*	Low Fat Granola with Raisins	1.5 oz	1	160	2	11%	0.5	3%	100	12	30%	3	
Kellogg's*	Nutri Grain Blackberry	1.3 oz	1	130	3	21%	0.5	3%	135	11	34%	2	
Kettle Brand	Potato Chips Aged White Cheddar	0.8 oz	1	100	3	27%	0.5	5%	140	1	4%	2	
Kettle Brand	Potato Chips Lightly Salted	0.8 oz	1	100	2.5	23%	0.5	5%	110	0	0%	2	
Kettle Brand	Potato Chips Sea Salt and Vinegar	0.8 oz	1	100	2.5	23%	0.5	5%	170	0	0%	1	
Kraft	Polly-O String Cheese	28g	1	80	6	68%	3.5	39%	190	0	0%	0	
Linden's	Cookies Butter Crunch	1.1 oz	1	141	5.3	34%	1.6	10%	119	10.7	30%	2	
Linden's	Butter Crunchers	1.1 oz	1	150	5.7	34%	1.6	10%	135	10.7	29%	2	
Linden's	Cookies Chocolate Chip	1.1 oz	1	140	5.2	33%	1.5	10%	70	10.9	31%	2	
Linden's	Chocolate Chippers	1.1 oz	1	145	5.5	34%	1.6	10%	90	10.5	29%	2	
Linden's	Cookies Fudge Chip	1.1 oz	1	136	5.2	34%	1.3	9%	70	10.8	32%	2	
Linden's	Cookies Oatmeal Raisin	1.1 oz	1	133	5.1	35%	1.3	9%	87	10.5	32%	2	
Mareblu Naturals	Crunch Bar Almond	1.2 oz	1.25	180	14	70%	1	5%	55	5	11%	4	
Mareblu Naturals	Crunch Bar Blackberry Pomegranate	1.2 oz	1.25	180	14	70%	1.5	8%	55	6	13%	3	
Mareblu Naturals	Crunch Bar Mango Pomegranate	1.2 oz	1	180	12	60%	1.5	8%	55	7	16%	3	
Mareblu Naturals	Crunch Bar Strawberry Pomegranate	1.2 oz	1	180	12	60%	1.5	8%	55	6	13%	3	
Matt's Munchies	Fruit Leathers Apple Pie	1 oz	1	70	0.5	6%	0	0%	5	14	80%	2	
Matt's Munchies	Fruit Leathers Apple- Licious	1 oz	1	70	0.5	6%	0	0%	5	14	80%	2	
Matt's Munchies	Fruit Leathers Banana	1 oz	1	70	0.5	6%	0	0%	5	14	80%	2	
Matt's Munchies	Fruit Leathers Ginger Spice	1 oz	1	50	0	0%	0	0%	0	11	88%	1	
Matt's Munchies	Fruit Leathers Mango	1 oz	1	50	0	0%	0	0%	0	11	88%	1	
Mediterranean Snacks	Baked Lentil Chips Sea Salt	1 oz	1	110	3	25%	0	0%	170	1	4%	3	
Mr. Nature	Almonds Salted	1 oz	1	170	12	64%	1	5%	40	0.5	1%	3	
Mr. Nature	Raisins	1 oz	1	90	0	0%	0	0%	7	20	89%	2	
Mr. Nature	Trail Mix Unsalted	1.1 oz	1	170	12	64%	1	5%	40	0.5	1%	3	
Mrs. Freshley's	Oatmeal Raisin Bar	1.5 oz	1	180	6	30%	1	5%	160	13	29%	3	
Nabisco	Honey Maid Lil' Squares	1.06 oz	1	130	3	21%	0	0%	150	8	25%	2	
Nature Valley	Granola Bar Oats 'n Honey	1.5 oz	1	190	6	28%	0.5	2%	160	12	25%	2	
Nature Valley	Granola Bar Peanut Butter Crunchy	1.5 oz	1	190	7	33%	1	5%	180	11	23%	2	
Nature Valley*	Crisp Apple	1.5 oz	1	160	6	34%	0.5	3%	140	28	70%	2	
Nature's Bakery	Whole Wheat Apple Cinnamon	1 oz	1	110	2.5	20%	0	0%	10	9	33%	2	
Nature's Bakery	Whole Wheat Fig	1 oz	1	110	2.5	20%	0	0%	45	10	36%	2	
Nature's Bakery	Whole Wheat Peach Apricot	1 oz	1	110	2.5	20%	0	0%	10	9	33%	2	

Manufacturer	Product Name	Package Size	Serv./Pkg.	Calories < 200/Serv.	Fat (g)	≤ 35% Total Calories Fat	Sat. Fat (g)	<10% Total Calories Fat	Sodium ≤ 200 (mg)/Serv.	Sugar (g)	≤ 35% Total Calories Sugar	Fiber ≥ 2 (g)/Serv.
Nature's Bakery	Whole Wheat Raspberry	1 oz	1	110	2.5	20%	0	0%	45	9	33%	2
Nature's Child	Squeezers Applesauce	3.17 oz	1	190	0	0%	0	0%	45	12	25%	1
Nature's Child	Squeezers Berry	3.17 oz	1	190	0	0%	0	0%	45	17	36%	1
Nature's Child	Squeezers Grape	3.17 oz	1	190	0	0%	0	0%	45	12	25%	1
Niagara Natural	Simply Fruit Twist Grape Raspberry	0.7 oz	1	70	0	0%	0	0%	15	13	74%	1
Niagara Natural	Simply Fruit Twist Strawberry Apple	0.7 oz	1	70	0	0%	0	0%	15	13	74%	1
Nutritional Choices	Animal Crackers	1.1oz	1	140	4.5	29%	0	0%	115	6	17%	2
Nutritional Choices	B Bar All Natural Brownie	1.5 oz	1	150	5	30%	1.5	9%	30	13	35%	4
Nutritional Choices	Waffle Bites	1oz	1	110	3	25%	0.5	4%	125	9	33%	3
Ola	No Nut Vanilla Granola	1 oz	1	100	1.5	14%	0	0%	10	3	12%	2
Ola	Vanilla Almond Granola	1 oz	1	100	3	27%	0	0%	10	3	12%	2
Otis Spunkmeyer*	Muffin Chocolate Chocolate Chip	1.8 oz	1	170	5	26%	1.5	8%	110	15	35%	2
Pepperidge Farm	Cracker Chips Simply MultiGrain	1 oz	1	130	4	28%	0.5	3%	200	3	9%	2
Pop Chips	Katy's Kettle Corn	1 oz	1	130	4	28%	0	0%	125	3	9%	2
Pop Chips	Nacho Cheese Tortilla Chips	1 oz	1	120	4	30%	0.5	4%	190	1	3%	2
Pop Tarts	Frosted Cinnamon Whole Grain	50g	1	180	3	15%	1	5%	180	15	33%	3
Pop Tarts	Frosted Strawberry Whole Grain	50 g	1	180	2.5	13%	1	5%	180	15	33%	3
Popcorn Indiana	Gourmet Popcorn	1 oz	1	130	4.5	31%	0	0%	160	6	18%	2
Popcorn Indiana	Kettlecorn	1 oz	1	130	5	35%	0	0%	130	6	18%	2
Popcorn Indiana	Kettlecorn Sweet and Tangy BBQ	1 oz	1	130	4.5	31%	0	0%	160	7	22%	2
Rico's	Popcorn Lite White Cheddar	0.63 oz	1	70	2.5	32%	0	0%	115	1	6%	2
Rock-N-Roll Gourmet	Hippie Chips White Room Cheddar	0.74 oz	100%	90	3	30%	0.5	5%	180	2	9%	1
Rock-N-Roll Gourmet	Rock and Pop Kettle Korn	1 oz	100%	130	5	35%	0	0%	180	6	18%	2
Rold Gold	Heartzels	1 oz	100%	120	1.5	11%	0	0%	200	1	3%	3
Rosati	Cry Baby Sour Apple	4 oz	100%	98	0	0%	0	0%	15	24.5	100%	0
Rosati	Cry Baby Sour Cherry	4 oz	100%	98	0	0%	0	0%	15	24.5	100%	0
Salveo	Maple Crunch Stix	1 oz	100%	120	4	30%	0.5	4%	40	4	13%	2
Salveo	Baked Potato Crisps	32 g	100%	130	2.5	17%	0	0%	180	1	3%	2
Salveo	Hot and Spicy Baked Fries	28 g	100%	120	4.5	34%	0	0%	200	1	3%	2
Salveo	Cheddar and Bacon Baked Fries	29 g	100%	120	4	30%	0.5	4%	200	2	7%	2
Sconza	Scorchers Hot Chili Lime Gummies	2 oz	100%	160	0	0%	0	0%	3	14	35%	6
Sensible Foods	Crunch Snack Fuji Apple	0.42 oz	100%	50	0	0%	0	0%	0	9	72%	0.6
Sensible Foods	Crunch Snack Roasted Edamame	0.75 oz	100%	87	3.25	34%	0.5	5%	105	1	5%	5
Sensible Foods	Crunch Snack Sweet Corn	0.42 oz	100%	40	1	23%	0	0%	21	4	40%	2
Sensible Foods	Crunch Snack Strawberry Banana	0.42 oz	100%	44	0	0%	0	0%	0	7	64%	1
Sensible Foods	Crunch Snack Tropical Blend	0.35 oz	100%	50	0	0%	0	0%	0	11	88%	6
Snackaway/ Sunbutter	Trail Mix	1.5 oz	100%	130	6	42%	1	7%	50	11	34%	0
Snackette	Popped Sweet Salt with Black Bean	1 oz	100%	110	3	25%	0	0%	100	3	11%	4
Snakette	Popped Veggie with Black Bean	1 oz	100%	110	3	25%	0	0%	180	1	4%	4
Snyders of Hanover	Olde Tyme Pretzels	1.58 oz	100%	180	1.5	8%	0	0%	180	1	2%	2

New York City Department of Education Competitive Snack and Beverage Standards Elementary, Junior High, and High School Product Nutrients

Elementary and Middle School Beverage Guidelines

Low calorie drinks without any artificial flavors, colors, or sweeteners Maximum of 10 calories per 8 oz. serving No serving size limit

High School Beverage Guidelines

Low calorie drinks without any artificial flavors, colors, or sweeteners Maximum of 25 calories per 8 oz. serving No serving size limit
Caffeinated beverages are allowed in High Schools

***Please note that food and beverages contained herewith under the term "approved" refers to those items that have been approved by the Office of Food and Nutrition Service as meeting the nutritional standards of the current NYC Food Standards and shall in no way shall be deemed or interpreted as an endorsement of those items by the DOE*

Manufacturer	Beverage	Product Name	Product Size	Serving Size	Number of Servings	Calories /Serving
2B Drinks	Flavored Water	Coconut Passion	20 oz	8 oz	2	20
2B Drinks	Flavored Water	Grape	20 oz	8 oz	2	20
2B Drinks	Flavored Water	Tropical Fruit	20 oz	8 oz	2	20
2B Drinks	Flavored Water	Chocolate	12 oz	8 oz	1.5	20
2B Drinks	Flavored Water	Lemon Ice	12 oz	8 oz	1.5	20
2B Drinks	Flavored Water	Vanilla	12 oz	8 oz	1.5	20
Ayala Herbal Water	Flavored Water	Cinnamon Orange Peel	16 oz	8 oz	2	0
Ayala Herbal Water	Flavored Water	Cloves Cardamom Cinnamon	16 oz	8 oz	2	0
Ayala Herbal Water	Flavored Water	Ginger Lemon Peel	16 oz	8 oz	2	0
Ayala Herbal Water	Flavored Water	Lemongrass Mint Vanilla	16 oz	8 oz	2	0
Ayala Herbal Water	Flavored Water	Lemongrass Verbana Geranium	16 oz	8 oz	2	0
Bot	Flavored Water	Organic Berry Bot	12 oz	8 oz	2	0
Hint	Flavored Water	Blackberry	16 oz	8 oz	2	0
Hint	Flavored Water	Mango-Grapefruit	16 oz	8 oz	2	0
Hint	Flavored Water	Pomegranate-Tangerine	16 oz	8 oz	2	0
Hint	Flavored Water	Raspberry-Lime	16 oz	8 oz	2	0
Hint	Flavored Water	Strawberry-Kiwi	16 oz	8 oz	2	0
Hint	Flavored Water	Watermelon	16 oz	8 oz	2	0
Inko's	Tea	Strawberry White Tea	12 oz	8 oz	1.5	25
Inko's	Tea	Blueberry White Tea	12 oz	8 oz	1.5	25
Inko's	Tea	Fruit Punch	12 oz	8 oz	1.5	25
Inko's	Tea	Grape	12 oz	8 oz	1.5	25
LaCroix	Flavored Water	Berry	12 oz	8 oz	1.5	0
LaCroix	Flavored Water	Cran-Raspberry	12 oz	8 oz	1.5	0
LaCroix	Flavored Water	Lime	12 oz	8 oz	1.5	0
LaCroix	Flavored Water	Pure	12 oz	8 oz	1.5	0
NexBev Drive Sport	Sports Drink	Lemon Ice	12 oz	8 oz	1.5	10
NexBev Drive Sport	Sports Drink	Fruit Punch	12 oz	8 oz	1.5	10
NexBev Drive Sport	Sports Drink	Grape	12 oz	8 oz	1.5	10

Manufacturer	Beverage	Product Name	Product Size	Serving Size	Number of Servings	Calories /Serving
NexBev Drive Sport	Sports Drink	Orange Mango	12 oz	8 oz	1.5	10
PepsiCo	Sparkling Water	Aquafina Sparkling Lemon Lime	12 oz	8 oz	1.5	7
PepsiCo	Sparkling Water	Aquafina Sparkling Orange Grapefruit	12 oz	8 oz	1.5	7
PepsiCo	Sparkling Water	Aquafina Sparkling Black Cherry Dragonfruit	12 oz	8 oz	1.5	7
SoNu	Green Tea	Mixed Berry Tea	12 oz	8 oz	1.5	0
SoNu	Flavored Water	Organic Grape Berry	12 oz	8 oz	1.5	10
SoNu	Flavored Water	Organic Kiwi Pear	12 oz	8 oz	1.5	10
SoNu	Flavored Water	Organic Pineapple Mango	12 oz	8 oz	1.5	10;25
SoNu	Flavored Water	Organic Strawberry Cranberry	12 oz	8 oz	1.5	25
SoNu	Flavored Water	Organic Strawberry Kiwi	12 oz	8 oz	1.5	10;25
SoYu	Flavored Water	Apple	12 oz	8 oz	1.5	10
SoYu	Flavored Water	Grape	12 oz	8 oz	1.5	10
SoYu	Flavored Water	Mixed Berry	12 oz	8 oz	1.5	10
SoYu	Flavored Water	Orange	12 oz	8 oz	1.5	10
Schweppes	Sparkling Seltzer Water	Black Cherry	20 oz	8 oz	2.5	0
Schweppes	Sparkling Seltzer Water	Lemon Lime	20 oz	8 oz	2.5	0
Schweppes	Sparkling Seltzer Water	Orange	20 oz	8 oz	2.5	0
Schweppes	Sparkling Seltzer Water	Original	20 oz	8 oz	2.5	0
WAT-AAH!	Nutrient Enhanced	Brain	16.9 oz	8 oz	2	0
WAT-AAH!	Nutrient Enhanced	Power	16.9 oz	8 oz	2	0
WAT-AAH!	Nutrient Enhanced	Energy	16.9 oz	8 oz	2	0
Victory H2O	Nutrient Enhanced	Berry	12 oz	8 oz	1.5	9
Victory H2O	Nutrient Enhanced	Orange	12 oz	8 oz	1.5	9

Aquafina Water 12 oz, 16.9 oz, 20 oz, 24 oz, 1.5 liter, 1 liter. (Endorsed by the NYCDOE)