Mental Health and Social Services for NYC Youth

Chat at nycwell.cityofnewyork.us/en/
Text WELL to 65173
Call 1-888-NYC-WELL
(1-888-692-9355)

Connect to the mental health support you need 24 hours a day, 7 days a week -- including holidays. NYC Well provides the following services:

- Suicide prevention and crisis counseling by a licensed counselor
- Peer support and short-term counseling
- Assistance accessing mental health services and making appointments
- Follow-up to ensure services are working out

Services available in 200+ languages.

NYC Family Resource Centers

Individual and group-based family support services to parents/caregivers of children and youth (birth- age 24) who have or are at risk for developing emotional, behavioral, or mental health challenges, using a family and youth peer model. They provide emotional support, advocacy, information and resources, referrals to community resources, educational workshops, recreational activities, and respite.

| Northern Bronx: 718-220-0456 | Northern Brooklyn: 718-290-8100 |
| Southern Bronx: 718-220-3868 | Southern Brooklyn: 347-462-8124 |
| Northern Manhattan: 212-410-1820 | Eastern Queens: 347-644-5711 |
| Southern Manhattan: 212-964-5253 | Western Queens: 718-651-1960 |
|           | Staten Island: 718-698-5307 |

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Services available in 200+ languages.
For more NYC resources call 311

Children’s Single Point of Access (CSPOA)

Centralized referral system for children with serious emotional disturbance who need intensive mental health services. Directs patients up to 21 to community services including:

- Health Home Care Management
- Non-Medicaid Care Coordination
- Home/community-based waiver
- Community Residences

More information: 347-396-7205

Adolescent Skills Centers

https://www.vibrant.org/what-we-do/community-programs/youth-young-adult-services/adolescent-skills-centers/

For young people 16-21 with emotional and behavioral challenges that interfere with school or finding and keeping a job. Case managers, counselors, employment specialists, youth advocates and teachers provide vocational training and development and support around secondary and higher education.

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<tr>
<th>Manhattan</th>
<th>Queens</th>
<th>Bronx</th>
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<tr>
<td>YES Adolescent Skills Center</td>
<td>Adolescent Skills Center</td>
<td>Adolescent Skills Center</td>
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<tr>
<td>50 Broadway, 8th Floor</td>
<td>29-46 Northern Blvd, 2nd Floor</td>
<td>975 Kelly Street, Suite 302</td>
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<tr>
<td>New York, NY 10004</td>
<td>Long Island City, NY 11101</td>
<td>Bronx, NY 10459</td>
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<tr>
<td>(212) 254-0333, Ext: 861</td>
<td>(646) 738-5131</td>
<td>(718) 292-7880, Ext: 6120</td>
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BronxASC@mhaofnyc.org

Online Resources

HiteSite
www.HiteSite.org
Directory of NYC mental health providers and services.

NYS Office of Mental Health Provider Search
State-wide directory of mental health providers

NYC School Mental Health
Department of Education site with mental health information

Department of Youth and Community Development
https://www1.nyc.gov/site/dycd/index.page
Search for after-school resources

National Center for School Mental Health
http://csmh.umaryland.edu/
Technical assistance and resources

UCLA Center for Mental Health in Schools
http://smhp.psych.ucla.edu/
Training, printable resources, and technical assistance

NYU Child Study Center
https://nyulangone.org/locations/child-study-center
Webinars, presentations, and information for caregivers and providers

Child Mind Institute
https://childmind.org/
Free information and guides about various diagnoses.

For more information about school-based support for mental and behavioral health, contact:
MH@schools.nyc.gov
Accessibility Report


Report created by: [Enter personal and organization information through the Preferences > Identity dialog.]

Organization:

Summary

The checker found no problems in this document.

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- Passed manually: 0
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- Skipped: 1
- Passed: 29
- Failed: 0