

District School/Pre-K Center Sample 3-K/Pre-K Schedule, Model 1A

The activities for both in-person and remote instruction days can be adapted to any model other than 1A. See [here](#) for detailed Flow of the Day.

Key:

| | |
|-----------------------|--------------------|
| In-person Instruction | Remote Instruction |
|-----------------------|--------------------|

GROUP A - Week 1

| Approximate Times | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|----------------------------------------|----------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|
| 20 minutes | Arrival/Greeting Routines Breakfast | Arrival/Greeting Routines Breakfast | Family Morning Routine | Arrival/Greeting Routines Breakfast | Family Morning Routine |
| 10 minutes | Large Group Meeting | Large Group Meeting | Morning Community Meeting (synchronous) | Large Group Meeting | Morning Community Meeting (synchronous) |
| 60 minutes (70 minutes for pre-K) | Centers | Centers | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities |
| 10 minutes | Clean-Up/Handwashing | Clean-Up/Handwashing | Gross Motor Play | Clean-Up/Handwashing | Gross Motor Play |
| 40 minutes | Gross Motor Play | Gross Motor Play | | Gross Motor Play | |
| 10 minutes | Clean-Up/Handwashing | Clean-Up/Handwashing | Lunch | Clean-Up/Handwashing | Lunch |
| 20 minutes | Lunch | Lunch | | Lunch | |
| 10 minutes | Toileting/Handwashing | Toileting/Handwashing | | Toileting/Handwashing | |
| 50 Minutes (40 minutes for pre-K) | Rest/Quiet Time | Rest/Quiet Time | Rest/Quiet Time | Rest/Quiet Time | Rest/Quiet Time |
| 10 minutes | Large Group Meeting | Large Group Meeting | Storytime (synchronous or asynchronous) | Large Group Meeting | Storytime (synchronous or asynchronous) |
| 60 minutes (70 minutes for pre-K) | Centers | Centers | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities |
| 20 minutes | Clean-Up/Handwashing/ Snack | Clean-Up/Handwashing/ Snack | | Clean-Up/Handwashing/ Snack | |
| 40 minutes (30 minutes for pre-K) | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play |
| 10 minutes | Clean-up/Handwashing | Clean-up/Handwashing | | Clean-up/Handwashing | |
| 10 minutes | Closing Meeting | Closing Meeting | Closing (synchronous or asynchronous) | Closing Meeting | Closing (synchronous or asynchronous) |

GROUP A - Week 2

| Approximate Times | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|
| 20 minutes | Family Morning Routine | Arrival/Greeting Routines Breakfast | Family Morning Routine | Arrival/Greeting Routines Breakfast | Family Morning Routine |
| 10 minutes | Morning Community Meeting (synchronous) | Large Group Meeting | Morning Community Meeting (synchronous) | Large Group Meeting | Morning Community Meeting (synchronous) |
| 60 minutes (70 minutes for pre-K) | Playtime with Suggested Activity | Centers | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities |
| 10 minutes | Gross Motor Play | Clean-Up/Handwashing | Gross Motor Play | Clean-Up/Handwashing | Gross Motor Play |
| 40 minutes | | Gross Motor Play | | Gross Motor Play | |
| 10 minutes | Lunch | Clean-Up/Handwashing | Lunch | Clean-Up/Handwashing | Lunch |
| 20 minutes | | Lunch | | Lunch | |
| 10 minutes | | Toileting/Handwashing | | Toileting/Handwashing | |
| 50 minutes (40 minutes for pre-K) | | Rest/Quiet Time | | Rest/Quiet Time | |
| 10 minutes | Storytime (synchronous or asynchronous) | Large Group Meeting | Storytime (synchronous or asynchronous) | Larger Group Meeting | Storytime (synchronous or asynchronous) |
| 60 minutes (70 minutes for pre-K) | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities |
| 20 minutes | | Clean-Up/Handwashing/ Snack | | Clean-Up/Handwashing/ Snack | |
| 40 minutes (30 minutes for pre-K) | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play |
| 10 minutes | | Clean-up/Handwashing/ Toileting | | Clean-Up/Handwashing/ Toileting | |
| 10 minutes | Closing (synchronous or asynchronous) | Closing Meeting | Closing (synchronous or asynchronous) | Closing Meeting | Closing (synchronous or asynchronous) |

GROUP B - Week 1

| Approximate Times | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|-----------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|----------------------------------------|
| 20 minutes | Family Morning Routine | Family Morning Routine | Arrival/Greeting Routines Breakfast | Family Morning Routine | Arrival/Greeting Routines Breakfast |
| 10 minutes | Morning Community Meeting (synchronous) | Morning Community Meeting (synchronous) | Large Group Meeting | Morning Community Meeting (synchronous) | Large Group Meeting |
| 60 minutes | Playtime with Suggested Activities | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities | Centers |
| 10 minutes | Gross Motor Play | Gross Motor Play | Clean-Up/Handwashing | Gross Motor Play | Clean-Up Handwashing |
| 40 minutes | | | Gross Motor Play | | Gross Motor Play |
| 10 minutes | Lunch | Lunch | Clean-up /Hand washing | Lunch | Clean-up/Handwashing |
| 20 minutes | | | Lunch | | Lunch |
| 10 minutes | | | Toileting/Handwashing | | Toileting/Handwashing |
| 50 Minutes (40 minutes for Pre-K) | | | Rest/Quiet Time | | Rest/Quiet Time |
| 10 minutes | Storytime (synchronous or asynchronous) | Storytime (synchronous or asynchronous) | Large Group Meeting | Storytime (synchronous or asynchronous) | Large Group Meeting |
| 60 minutes (70 minutes for Pre-K) | Playtime with Suggested Activities | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities | Centers |
| 20 minutes | | | Clean-Up/Handwashing Snack | | Clean-Up/Handwashing Snack |
| 40 minutes (30 minutes for pre-K) | Gross Motor Play | Gross Motor Play | Gross Motor | Gross Motor Play | Gross Motor |
| 10 minutes | | | Clean-Up/ Handwashing | | Clean-Up/Handwashing |
| 10 minutes | Closing (synchronous or asynchronous) | Closing (synchronous or asynchronous) | Closing Meeting | CClosing (synchronous or synchronous) | Closing Meeting |

GROUP B - Week 2

| Approximate Times | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|----------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|----------------------------------------|
| 20 minutes | Arrival/Greeting Routines Breakfast | Family Morning Routine | Arrival/Greeting Routines Breakfast | Family Morning Routine | Arrival/Greeting Routines Breakfast |
| 10 minutes | Large Group Meeting | Morning Community Meeting (synchronous) | Large Group Meeting | Morning Community Meeting (synchronous) | Large Group Meeting |
| 60 minutes (70 minutes for Pre-K) | Centers | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities | Centers |
| 10 minutes | Clean-Up/Handwashing | Gross Motor Play | Clean-Up/Handwashing | Gross Motor Play | Clean-Up/Handwashing |
| 40 minutes | Gross Motor Play | | Gross Motor Play | | Gross Motor Play |
| 10 minutes | Clean-Up/Handwashing | Lunch | Clean-Up/Handwashing | Lunch | Clean-Up/Handwashing |
| 20 minutes | Lunch | | Lunch | | Lunch |
| 10 minutes | Toileting/Handwashing | | Toileting/Handwashing | | Toileting/Handwashing |
| 50 Minutes (40 minutes for Pre-K) | Rest/Quiet Time | | Rest/Quiet Time | | Rest/Quiet Time |
| 10 minutes | Large Group Meeting | Storytime (synchronous or asynchronous) | Large Group Meeting | Storytime (synchronous or asynchronous) | Large Group Meeting |
| 60 minutes (70 minutes for Pre-K) | Centers | Playtime with Suggested Activities | Centers | Playtime with Suggested Activities | Centers |
| 20 minutes | Clean-Up/Handwashing Snack | | Clean-Up/Handwashing Snack | | Clean-Up/Handwashing Snack |
| 40 minutes (30 minutes for pre-K) | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play |
| 10 minutes | Clean-Up/Handwashing | | Clean-Up/Handwashing | | Clean-up/Handwashing |
| 10 minutes | Closing Meeting | Closing (synchronous or asynchronous) | Closing Meeting | Closing (synchronous or asynchronous) | Closing Meeting |

GROUP D - Weeks 1 and 2

| Approximate Times | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------|-----------------------------------------|-----------------------------------------|-----------------------------------------|-----------------------------------------|-----------------------------------------|
| 20 minutes | Family Morning Routine | Family Morning Routine | Family Morning Routine | Family Morning Routine | Family Morning Routine |
| 10 minutes | Morning Community Meeting (synchronous) | Morning Community Meeting (synchronous) | Morning Community Meeting (synchronous) | Morning Community Meeting (synchronous) | Morning Community Meeting (synchronous) |
| 60 minutes (70 minutes for pre-K) | Playtime with Suggested Activities | Playtime with Suggested Activities | Playtime with Suggested Activities | Playtime with Suggested Activities | Playtime with Suggested Activities |
| 10 minutes | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play |
| 40 minutes | | | | | |
| 10 minutes | | | | | |
| 20 minutes | Lunch | Lunch | Lunch | Lunch | Lunch |
| 10 minutes | | | | | |
| 50 Minutes (40 minutes for pre-K) | Rest/Quiet Time | Rest/Quiet Time | Rest/Quiet Time | Rest/Quiet Time | Rest/Quiet Time |
| 10 minutes | Storytime (synchronous or asynchronous) | Storytime (synchronous or asynchronous) | Storytime (synchronous or asynchronous) | Storytime (synchronous or asynchronous) | Storytime (synchronous or asynchronous) |
| 60 minutes (70 minutes for pre-K) | Playtime with Suggested Activities | Playtime with Suggested Activities | Playtime with Suggested Activities | Playtime with Suggested Activities | Playtime with Suggested Activities |
| 20 minutes | | | | | |
| 40 minutes (30 minutes for pre-K) | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play | Gross Motor Play |
| 10 minutes | | | | | |
| 10 minutes | Closing (synchronous or asynchronous) | Closing (synchronous or asynchronous) | Closing (synchronous or asynchronous) | Closing (synchronous or asynchronous) | Closing (synchronous or asynchronous) |