



Dear Families:

I am delighted to inform you that our school has been selected to participate in the School Mental Health Consultant Program and will receive services, starting this academic year. The School Mental Health Consultant Program (SMHCP) is part of [ThriveNYC](#), the City's strategic plan to improve and promote the mental health of its residents and facilitated by the DOE Office of School Health. Schools are the most common point of entry for children seeking help for mental health concerns and the adults on our staff are the most reliable sources of referrals for our students. School staff members have a perfect vantage point to observe students, notice change over time, spot concerns, and work closely with our School Mental Health Consultant to link students to supports. Building capacity in the school building for early identification of mental health issues through training, consultation, and support will increase our student's mental health and academic success.

The School Mental Health Consultant will support our school by:

- Promoting mental health and informing our school community about the program.
- Identifying our school's internal resources, gaps and creating School Mental Health Plans to connect schools with community based providers and other resources.
- Provide training and consultation to our staff in order to raise their awareness about mental health and help them to address mental health concerns of students.

We want to create a culture where good mental health is an essential part of the academic environment! If you have any questions please contact me or visit the website at [ThriveNYC](#). Thank you for helping make this program a great success!

Sincerely,

Principal